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THE AWESOME POWER OF HUMAN LOVE

By Ashley Montagu

As taken from: Reader's Digest

The study of love is something from which scientists long shied away. But with the increased interest in the origins of mental illness, more and more attention is being paid to the infancy and childhood of human beings. What investigation has revealed is that love is, beyond all cavil or question, the most important experience in the life of a human being.

For the newborn baby, survival is of the first importance. But survival alone is not enough — and in most cases it is doubtful whether mere satisfaction of his physical needs will secure even that. We now know from the observations of a number of physicians and investigators that love is an essential part of the nourishment of every baby and that unless he is loved he will not develop as a healthy organism — psychologically, spiritually, or physically. Even though he is physically well nurtured, he may nevertheless waste away and die.

Because this was not understood, during the first two decades of this century the majority of babies under one year of age who entered hospitals and children's institutions never emerged alive. This shocking infant death rate was discussed at a meeting of the American Pediatric Society in 1915. Dr. Henry Chapin reported on ten infant asylums in the United States in which, with only one exception, every infant under two years of age died! Dr. Thomas S. Southworth of New York City mentioned an institution which no longer exists where on account of the high infant mortality, it was customary to enter the condition of every infant on the admission card as hopeless. That covered all subsequent happenings.

An illuminating experience is related by Dr. Fritz Talbot, who visited the Children's Clinic in Dusseldorf, Germany, some 60 years ago. Dr. Talbot noticed a fat old woman wandering about the ward with a baby on her hip. Inquiring of the chief of the clinic, he was told, "Oh, that's Old Anna. Whenever we have a baby for whom everything we could do has failed, we turn it over to Old Anna. She is always successful." Gradually it began to be recognized that it was the lack-love experiences, the emotional deprivation, the absence of mothering, that were causing the tragic ill effects in foundling institutions. In the late 1920's, Dr. Joseph Brenemann of Chicago established a rule in his hospital that every baby should be picked up, amused and mothered several times a day.

An old Talmudic proverb says that since God could not be everywhere, He created mothers. (And also their equivalents; for any human being capable of

giving the child love may be the equivalent of the biological mother.)

Several studies have demonstrated the damaging effect of the absence of mother love. Dr. Rene Spitz of New York studied children in two comparable institutions which differed in but one factor -- the amount of affection offered. In the first institution, called "Nursery," the infants were cared for by their mothers. In the second, called "Foundling home," the children were raised from the third month by overworked nursing personnel, each nurse in charge of 8 to 12 children.

Response to the different conditions showed up perhaps most comprehensively in what is called the Developmental Quotient -- a measurement of the development of perception, bodily functions, social relations, memory and imitation, manipulative ability and intelligence. The Nursery infants had started with a DQ of 101.5. At the end of the first year it rose to 105. Meanwhile, the average DQ of the Foundling home infants, 124 to start with, declined to 72 -- and at the end of the second year, to an astonishing low of 45! In fact, Dr. Spitz noted, during the two-year observation of Foundling home these emotionally starved children never learned to speak, walk or feed themselves. During five years of observation involving 239 children institutionalized for one year or more, Nursery did not lose a single child by death. In Foundling home, 37 percent of the children died during the two-year observation period.

If emotional deprivation may severely retard physical development, the effects on development of personality and behavior appear to be even more severe. Criminal, delinquent, neurotic, psychopathic, asocial and similar forms of behavior can, in the majority of cases, be traced to a childhood of inadequate love and emotional instability.

The child constructs its picture of the world largely through the experience it has with its mother. According as the mother is loving or unloving, the child will feel that the world is loving or unloving. When it is not loved it fails to learn to love. Such children grow up to be persons who find it extremely difficult to understand the meaning of love; hence, they enter into all sorts of human relationships in a shallow way.

Show me a hardened criminal, a juvenile delinquent, a psychopath or a "cold fish", and in almost every case I will show you a person resorting to desperate means in order to attract the emotional warmth and attention he failed to get but which he so much desires and needs. "Aggressive" behavior when fully understood is, in fact, nothing but love frustrated, a technique for compelling love -- as well as a means of taking revenge on the society which has let that person down, disillusioned, deserted and dehumanized him. Hence, the best way to approach aggressive behavior in children is not by aggressive behavior toward them, but with love. And this is true not only for children but for human beings at all ages.

Love is creative, greatly enriching the lives of both the receiver and the giver. It is the only thing in the world of which one cannot give anyone too much. Genuine love has a firmness and discipline of its own for which there can be no substitute; it can never harm or inhibit or spoil, it can only benefit.

Scientists are today discovering that to live as if live and love were one is an indispensable condition -- because this is the way of life which the innate nature of man demands. The idea is not new. What is new is that contemporary men should be rediscovering, by scientific means the ancient truths of the Sermon on the Mount and the golden rule. For human beings -- and for humanity -- nothing could be more important.

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Plan Every Year With Positive Expectancy

A message from Norman Vincent Peale -

"WHATEVER WE VIVIDLY IMAGINE, ARDENTLY DESIRE, SINCERELY BELIEVE,
AND ENTHUSIASTICALLY ACT UPON MUST INEVITABLY COME TO PASS."

A year can be a "year of your dreams" a year of great accomplishments: the realization and utilization of your untapped potential; the year of merited recognition; the year of achievement of long-sought goals, mentally, spiritually socially, physically. But this year will be an exciting and rewarding year only if we make it so. What determines whether or not we will make it such a year? It will be a year of accomplishment, realization, and achievement only if we expect it to be; only if you enter and live each day with POSITIVE EXPECTANCY.

Positive Expectancy is the attitude you want to adopt and maintain! Yet, great accomplishments depend upon understanding and applying both principles -- Positive and Expectancy. For expectation of negative results will surely produce negative results. Like attracts to like.

There is a story of a group of people who, at the end of one year, wrote down (in black and white) their expectations of the coming year. Each sealed his "new year's expectations" in an envelope to be opened and read aloud only at the end of the following year. The results are worthy of note:

One man had written, "In the next year all that I can expect is more of the old, miserable same." That's exactly what he got.

A woman had listed ten worthy goals she expected to receive. Nine of the ten had come into fruition.

Another man, basing his expectations upon Capricorn, his birth sign, predicted, "I look for difficulty and frustrations." He got them too.

One woman in the group, whose birth sign was the same, not knowing she should expect difficulties and not having predicted them, enjoyed a rewarding year.

One man in the group died during the year. When the envelope was opened, his "expectation" read: "As none of the men in my family have survived beyond the age of sixty, therefore, I expect to die this year." And, he did -- one month before his sixtieth birthday.

Each of us, whether or not we will admit it, will receive exactly what we expect, either positive or negative.

Philosophers, statesmen, businessmen, artists, and athletes have agreed that the two most important parts of any endeavor are "the beginning and the ending" - Alpha and the Omega.

The football team that returns the opening kickoff for a touchdown is almost assured of success in that game. The businessman who begins the new year with an exceptionally profitable month will almost be certain of a highly profitable year. The artist who begins a painting with a vivid picture of the end result will produce a masterpiece. The musician performing a composition constantly reminds himself that the two most important sections of that composition are the first and the last.

How, then, can we plan with positive expectancy?

First, we must VIVIDLY IMAGINE.

We must develop our faculty of seeing with our "mind's eye", of concise and clear imagining. We cannot break the law of the universe that we "tend to draw to ourselves that which we send out from ourselves;" that no man can attract things to himself while his thoughts repel them. We must understand the human tendency to become precisely that which we have imagined ourselves to be. Whatever we picture and hold in our mind continually tends to come to us.

Second, we must develop an ARDENT DESIRE.

Desiring results for the year with positive expectancy will force us to enter every situation without giving mental recognition to the possibility of defeat; to look to each day as an opportunity to earn and justify our rewards; to develop the success consciousness and the habits of success necessary for a great achievement; to expect tremendous dividends because we have already made the proper investments; to seek a challenge to climb to greater heights and to accept a dare to become the man of our dreams.

Third, we must SINCERELY BELIEVE.

We must develop the belief that we have the ability to attain these goals. We must believe that God wants us to have these great things. That He "searches our hearts and tests our minds that He may give to us according to the doings of our ways."

William James stated the same truth when he said, "Our belief at the beginning of a doubtful undertaking is the only thing that insures the successful outcome of our venture."

Unquestionably, the one great element at the beginning of an enterprise which will guarantee its success is BELIEF.

And Benjamin Disraeli said, "Man is not the creature of circumstances. Circumstances are the creatures of men. We must understand that God has given us the power to perceive, picture, BELIEVE, struggle for, and attain good things."

Fourth, we must ENTHUSIASTICALLY ACT.

Both words are important - Enthusiasm and Action. Enthusiasm without action will produce little results. Action without enthusiasm is shortlived. We must enthusiastically act as if it were impossible to fail.

Our power for enthusiastic action will come from a Crusade spirit - a spirit of giving. We can expect to receive great gifts only when we understand and apply the principles of "the more you give, the more you are capable of giving". And, the more you give, the more you receive in return.

Does living with positive expectancy mean life will be easy, free from disappointment, frustration and difficulties? Fortunately, no! The "positive expectancy" man knows there will be problems; but he'll turn problems into procedures. He knows there will be responsibilities; but he'll realize that each responsibility brings an opportunity. He knows there will be adversities; yet he believes that with every adversity there's the seed of an equivalent benefit. He knows he'll have to become a different man if he is to achieve his goals. For if he sincerely wants a changed way of life, he must become a changed person.

If you and I want to live with positive expectancy, we must vividly imagine great accomplishments. We must ardently desire that this year be the greatest year of our lives. We must sincerely believe in our abilities, and the goodness of man and of God. We must enthusiastically act upon every opportunity.

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Jumping at several small opportunities may get us there more quickly than waiting for one big one to come along.

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COMPARATIVE RELIGIONS

(continued from last month's News Bulletin)

The Crusades - Despite the rivalry of Eastern Orthodoxy, Roman Catholicism continued to be the most powerful religious force in the then known world. But by now a new and more serious competitor, Islam, had arisen to challenge it.

The Moslem faith already enjoyed the support of millions in the Middle East and had the allegiance of a large empire. By the end of the eleventh century, the forces of Islam were once more on the move, this time under the leadership of the aggressive Seljuk Turks. They were bent on the conquest of Constantinople, which was the capital of the Byzantine Empire and center of Eastern Orthodoxy, as well as the gateway to Europe.

Consequently, when the Byzantine ruler appealed to Pope Urban II for aid, the latter was eager to lead his assistance because he recognized that the Moslems represented a serious danger to the West. If the Byzantine Empire fell, all Europe and the Roman Church itself would be sure to come under attack. But Pope Urban also saw this as a golden opportunity to reunite the Eastern Church with his own.

Urban promised help, and in November of 1095, he issued a call for Christians to help rescue the holy places of the East from the Moslems. There was an enthusiastic response. The masses were fired by the idea of freeing the Holy Land as well as by the papal promise of spiritual rewards to volunteers, including the suspension of some of the earthly punishments for sin. But love of adventure, hope of plunder, and religious prejudice also played an important part in spurring thousands of recruits to answer the call.

THE DEVELOPMENT OF ROMAN CATHOLICISM
FROM CONSTANTINE TO THE CRUSADES

<u>Important World Events</u>	<u>Date</u>	<u>Developments In Roman Catholicism</u>
Constantine the Great becomes Emperor of Rome.	324	
	325	Council of Nicea decides against Arianism.
328- Constantine establishes Constantinople as capital of Eastern Empire. Beginnings of the Byzantine Empire	328	
	About 354	Augustine born. Celebration of Christmas first appears in Rome.
	380	Emperor Theodosius I makes Christianity the official Roman religion
	402	Innocent I becomes Bishop of Rome and claims authority over all churches.
	About 426	Augustine completes <u>The City of God</u> .
	440	Growth of the power of the papacy under Pope Leo the Great.
455- Rome sacked by the Vandals	455	
476- Fall of Rome.		
622- Mohammed's flight from Mecca to Medina		
	800	Pope Leo III crowns Charlemagne Emperor of the Holy Roman Empire
1037- From 1037, Rise of the Seljuk Turks	1037	
	1054	Eastern Orthodoxy breaks with the Roman Catholic Church.
	1077	Pope Gregory VII removes excommunication of Henry IV.
	1095	Pope Urban II calls for a Crusade against the Turks
1099- Crusaders capture Jerusalem.	1099	

A mixed horde gathered. They become known as "Crusaders," a term taken from the Latin, cruciata, meaning "marked with a cross", because of the symbol they wore on their garments. On the way to the Holy Land, they stopped to pillage and massacre scores of Jewish and other non-Christian communities. Soon the mob was joined by skilled soldiers from nations all over Europe. Finally, in 1099, after a long, hard siege, the Crusaders captured Jerusalem and slaughtered all the Jews and Moslems in the city.

Within a century, Jerusalem was reconquered by the Moslems, this time under their great leader Saladin. Though further crusades were called for - the last took place in 1271 - the Christians were unable to retain the Holy Land for long.

Effects of the Crusades - While the Crusades stirred up new interest in the Church, they also produced great unrest in the medieval world. After the excitement it was hard for the people to get back to ordinary, everyday living. The Crusades, too, brought tragedy to the Jews. In addition to murdering and uprooting thousands, the Crusades stirred up religious hatred that set off many centuries of Jewish persecution.

But there were other far-reaching effects. The Crusades brought the peoples of Europe into communication with the culture of the Moslem world, a culture that had preserved and interpreted much of Greek philosophic, scientific, and political thought. After the long period of the "Dark Ages," this communication re-awakened a love of secular learning in the West. Now, slowly, painfully, Europeans began to lay the foundations of modern knowledge, including the various sciences.

The Crusades also stimulated new trade with the East, with the result that European port cities grew enormously and a new commercial class came into being. This, in turn, threatened to disrupt the feudal system under which European society was then organized and in which the Church enjoyed a privileged position. Feudalism, quite understandably, made no provision for the growing group of wealthy shipowners and merchants who sought their legitimate role in the political and economic life of the times.

All this created problems for the Church. Though the revival of Greek thought stimulated the intellectual life of the Church itself, it also produced conflicts over certain of the teachings of classical philosophy which some wanted the Church to accept. The rise of the new commercial class competed with the power of the Church and challenged its authority within the feudal system. And the general restlessness of the times encouraged attacks upon the privileged position of the Church and its clergy, as well as upon some of their practices.

For some time now the Church had been suffering from the usual ills of an organization whose powers were abused. Corruption was wide-spread. Priests perverted the teachings of the Church and traded on religious ignorance, even to the extent of selling "tickets of admission" to heaven. All sorts of fees were charged for baptisms, weddings, and funerals, and there was trafficking in church offices. Monks, who were vowed to live lives of poverty, ate and drank like nobles; and clergy, who were consecrated to purity, behaved scandalously.

These scandals were widely known, especially since some of the greatest writers of the Middle Ages, men like Dante, Chaucer, and Boccaccio, all Catholics, de-

scribed the glaring abuses of churchmen. In protest, certain Christians, notably the Cathari and Waldensians of southern France and northern Italy, had already broken away from the Church. They established sects of their own in which they sought to purify the teachings and practices of Christianity.

The Church promptly met this threat with force and established the Inquisition, which was designed to discover and suppress heresy among Catholics. Torture and secret trials were used to gain information. In most cases the punishment was penance or imprisonment, but as time passed, death sentences became more common. The Inquisition was especially cruel on the Marranos, Jews who had been forced to convert to Catholicism by Spanish and Portuguese rulers during the thirteenth through the fifteenth centuries. Although outwardly Catholics, the Marranos and continued to practice Judaism secretly and were, therefore, guilty of heresy in the eyes of the Church.

Eventually, with the rise of Protestantism in the early sixteenth century, the effectiveness of the Inquisition came to an end. For the loss of political authority in many countries made it impossible any longer for the Church to execute heretics. It now had to depend on spiritual punishment, excommunication, to enforce its will.

(to be continued next month)

(Source: Our Religion and Our Neighbors by Milton G. Miller and Syvan D. Schwartzman, copyright 1963 by The Union of American Hebrew Congregations, New York, New York. Edited by Rabbi Eugene B. Borowitz.)

NEWS REPORTS:

Oakland, California

David S. C. Kim

Finally our Anti-Communist manuscript is completed on the 16th of June, the day of my departure to Washington, D. C. for Anti-Communist seminar on anti-subversive study sponsored by Dr. Swarz, founder of Christian Anti-Communist Crusade, Long Beach, California. Twelve copies for the time being were made for distribution to Northwest key family for their intensive study. My special thanks go to Steve Mudgett who edited entire contents of manuscript and donated his time and finance for few months on this project. His contribution in this area will be recorded in the History of Victory over Communism Movement in the United States. Also my special thanks to Elizabeth Mickle, of whom Northwest family knows little, but in background she did excellent typing job of all contents of manuscript in such professional manner. I've not met her personally yet but according to my spiritual sensitive measurement, she must be a tremendous asset in near future to our United Faith Movement as well as Victory over Communism Movement on international level.

As scheduled, I left, on 16 June for Chicago to stay overnight at Sarah's Chapel. At airport, with my surprise, Eileen Welch, one of the old followers in our movement in U.S., were with Sarah and Rita. That night I met all Chicago family and enjoyed specially Sarah's radio broadcast tapes. Next day, 17 June, I arrived at Washington D.C. and stayed at the Hotel Sonesta where Seminar and Conference started for 4 days. Throughout the session, I had opportunity to meet several scholars and professors on Anti-Communism field, and purchased lots of group study materials. Several people were very much interest in and liked our

manuscript, and even introduced a few publishing companies for general circulation. I met Miss Castro, Cuban exile, a couple from Portland, a student (exile) from Hungary, and other important figures in seminar. Dr. Swarz, M.D., born in Australia, began this work and his organization in 1953, one year before Holy Spirit Association was established by our Master, in 1954, and as "foreigner" he tries to save America from Communist domination. He already pioneered in many areas - lectures, projects, research and debate, etc. which are ready for anybody to initiate small groups in school, church and campus and business organization, etc. With this help, you can complete Victory over Communism movement, filling his gaps and his weak points with our manuscript, rather I like to say our Victory Over Communism text book. So far he has done excellent study, research, but not quite complete in criticism and there is no counter-proposal which in our text is referred to this point. I hope each of Northwest family study quickly Dr. Swarz's materials (all) along with our text, and develop your own Programs for the Church, neighborhood, campus, school teachers, or businessmen's groups, etc. I felt Dr. Swarz has a sprcial mission from God and I dare say he is acting as good John the Baptist role in Anti-Communism and further, Victory over Communism.

During my stay in Washington, D.C., I met Miss Kim, John Farley, President of Unification Church (they changed Unified Family "name"), Washington, D.C., and Neil Salonen, President of "Federation of Leadership Foundation, Inc." for anti-communist movement, issuing "The Rising Tide" new letters bi-weekly and has several full-time family workers, influencing Congress in many ways. I had a chance to dine with all of Washington, D.C. family and I was very much impressed with many enthusiastic faces of college student as well as old members in the center, and I noticed constant progress made in training members, new programs and church activities, and so on. I am told that on 28 June, Washington, D.C. group will hold center director's conference at Washington, D.C. I changed my schedule as originally planned to drop in Utah and I safely came back to California on June 23rd. I plan to make a short trip to the Northwest sometime in the 1st week of July. Until that time, please study hard all materials I sent on Victory over Communism Movement for your area, and I will have session with you. And I hope you try to get full your chapel with young people who are interested either in our United Faith Movement or in Victory over Communism Movement. These 2 projects will let you get 2 birds with 1 stone. See you soon in your territory. We welcome any comments and error you find and further suggestions on "Victory over Communism and the Role of Religion"; by doing so, we can make it complete for further publication for the general public. Good luck to every one in the West Coast. (NOTE: See announcement on page 11, please.)

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Layton, Utah

Galen L. Brooks

Hello to you all from Utah. This is just a short note of greeting to all of you, and how have you been?

We here are very happy to hear of the recent advancements and accomplishments being made, expecially by Mr. Kim. Our thoughts and prayers are with him for his continued work.

Recently we were privileged to have seven members from the West Coast stay overnight on their way to the East Coast. Edwin and Marie Ang with little Davey, Jack and Gladys Kloythus with the two boys, Gregory and Chris, and Don Fefferman and Mark Whitman from Berkeley. It was quite a privilege to have them, meeting

other members of our heavenly family and sharing with them. We just wish they could have stayed a little longer.

God be with you all, and we pray for a good summer.

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Chicago, Illinois

Sarah Witt

(excerpts from Sarah's letter to Portland Chapel)

Wednesday evening, June 16, Eileen Welch, Rita Kolody and I drove out to O'Hara Airport to pick up Mr. Kim who visited us and met the people with whom I have been working for the past few weeks to spread our message. We all shared fellowship and a good dinner and were joined by Marge, the woman who has engineered by taping sessions for my radio broadcasts. In fact, that evening we taped the lecture for the following Saturday. Later that evening, my son, Mark came home with his friend Jim Drosopoulous, who has been studying Principle for several weeks. Jim is from Greece and has been in the U.S. only 4 years, yet he can read and understand our book better than many Americans. Though he is only 25 years old, he has traveled through most of the world, has read extensively about practically every subject, can discuss any subject intelligently, and has been and is a constant joy and revelation to me.

Mr. Kim was very impressed with Jim and with Rita's dedication to our work here, which has really made great strides since she arrived barely six months ago. Her encouragement and help, both spiritually and financially, has made it possible for me to really progress for the first time in a long while.

The second day of Mr. Kim's visit, Rita, Eileen, and I accompanied Mr. Kim to the Sacred Ground, where Mr. Kim took many pictures and we were blessed with a beautiful day for this special occasion. After we had taken pictures and prayed with Mr. Kim, Eileen drove us all back to her apartment for lunch. After lunch and visiting it was time to take Mr. Kim back to the airport to catch his plane (after a slight delay with an over-heated engine!) for Washington, D.C. I hope that Mr. Kim enjoyed being here as much as we loved having him.

My radio program is going quite well. My lecture this morning was on the Principle of Creation, which I took verbatim from the book. I am surprised myself at how much I can cover in only 14 minutes. In this lecture I covered through page 12 - next week I will start with "What is Perfection?"

I am preparing the script of each lecture as a four-page booklet which will be printed and sold for .25¢ each. There is a great deal of time, work and money for printing involved. Rita is paying for the Radio broadcasts, and is helping me pay for the printing. She is a God-sent to me and without her I could not have accomplished anything. This morning the printer delivers my first order which includes the first lecture and an article which I wrote a year ago. Rita seems to like it so we'll see what results we can achieve with it. I have asked my friends who have been listening to the radio program to write to the station so that I can have a few letters to use as testimonial letters. When I begin soliciting donations for our work here. I have a few ideas as to how to raise money for our work; I'll share with you later.

The women in my office ask me how I find time to do everything (radio, housework, job, etc.) and my answer is - "I simply put God first, and everything else must wait. Guess it's just a matter of priorities."

My love to all the family.

(Editor's note: All of the Northwest family are very happy about the radio time Sarah has secured for the United Faith. We wish her great success and our prayers with her for her radio ministry.)

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ANNOUNCEMENT: As of July 1st, all mail for Mr. Kim should be addressed to:

Mr. David S. C. Kim
c/o United Faith Mission Hqs.
P. O. Box 7461
Oakland, California 94601

Thought For the Month:

We make a living by what we get; we make a life by what we give.